

Senior Centers

(See also: [Adult Day Care Services](#) and [Nutrition](#))

There is no standard definition or census of the number and types of senior centers in the United States. Estimates of the number of senior centers range from 10,000 to 16,000. Many of these are funded entirely by local non-profit organizations and governments, while others are supported with funds raised by national charitable, voluntary, and religious organizations such as the YMCA, United Way and Catholic Charities. Over 6,000 centers receive some funding support from the Older Americans Act through service contracts for program activities awarded by state and area agencies on aging. Comprehensive senior centers typically provide nutrition, recreation, social and educational services. To attract and meet the needs and interests of the new elderly, some senior centers are adding wellness and fitness activities and Internet training. The following links lead to national organizations, examples of senior center web sites, articles and publications, and the contribution of government in establishing centers and funding of programs and services.

- [Basic Information](#)
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Basic Information

Multipurpose Senior Centers – Bridging the Gap

(Administration on Aging)

[http://www.aoa.gov/press/oam/May_2003/media/fact_sheets/MultiPurpose Senior Centers.pdf](http://www.aoa.gov/press/oam/May_2003/media/fact_sheets/MultiPurpose_Senior_Centers.pdf)

Special Programs for the Aging: Title III, Part B: Grants for Supportive Services and Senior Centers

(Catalog of Federal Domestic Assistance)

<http://aspe.hhs.gov/cfda/p93044.htm>

National, State and Metropolitan Membership Organizations

National Institute on Senior Centers

<http://206.112.84.147/content.cfm?sectionID=44>

State Association Contacts:

<http://206.112.84.147/attachments/state%5Fassociation%5Fdirectory%2Epdf>

Arizona Senior Center Association

<http://www.arizonaseniors.net/>

Kansas Senior Center Directors Association

<http://www.agingkansas.org/seniorcenters/index.htm>

Ohio Association of Senior Centers

<http://www.seorf.ohiou.edu/~xx105/>

Michigan Association of Center Centers

<http://www.webmasc.org/employment.htm>

Council of Senior Centers and Services in New York City

<http://www.cscs-ny.org/>

Pennsylvania Senior Centers

<http://paseniorcenters.org/index.htm>

Washington State Association of Senior Centers

<http://www.wsasc.org/Centers.htm>

Older Adult Centre's Association (Ontario, Canada)

<http://www.oacao.org/>

National Organizations That Sponsor Senior Centers

YMCA

http://www.ymca.net/presrm/discovery/99_winter/solutions.htm

Shepherd's Centers of America

<http://www.shepherdcenters.org/>

National Recreation and Parks Association – Leisure and Aging Section

<http://www.nrpa.org/index.cfm?publicationid=32>

National Directories

Member Links [slow to load]

(National Institute on Senior Centers)

<http://206.112.84.147/content.cfm?sectionID=60&detail=16-11>

Senior Citizens.Com

<http://www.seniorcitizens.com/seniorcenters/index.shtml>

Certification and Training

National Institute on Senior Centers Accreditation

(National Council on Aging)

<http://206.112.84.147/content.cfm?sectionID=131>

Ann Johnson Institute for Senior Center Management

(North Carolina Division on Aging)

<http://www.dhhs.state.nc.us/aging/scenters/scinstit.htm>

State Directories and Budgets

Arizona: <http://www.arizonaseniors.net/arizona.htm>

Kansas: <http://www.agingkansas.org/seniorcenters/centers.htm>

Michigan: <http://www.miseniors.net/search/agency2.asp?CatID=7&AgencyTypeID=14>

North Carolina:

<http://www.dhhs.state.nc.us/aging/scenters/sccty.htm>

Rhode Island: <http://eldercareri.com/seniorcenter.htm>

Wyoming: <http://wdhfs.state.wy.us/WDH/senior.htm>

Area Agencies on Aging (examples)

White River Area Agency on Aging, Arkansas

http://www.wraaa.com/senior_centers.html

Fairfax County (Virginia) Area Agency on Aging

http://www.co.fairfax.va.us/rec/Senior_Ctr/Senior_Main_Pg.htm - seniorcenters

Local Directories (examples)

Cincinnati Area Agencies

<http://www.senserv.org/senior.htm>

Denver, Colorado

<http://www.drcog.org/aging/senior.htm> - senior

Howard County, Maryland

http://www.co.ho.md.us/CitizenServices/Aging/aging_seniorctr.htm

Los Angeles, California

http://www.la4seniors.com/los_angeles_senior_centers.htm

New York City, New York

<http://www.ci.nyc.ny.us/html/serdir/html/xdfta05.html>

Philadelphia, Pennsylvania

<http://www.pcaphl.org/sencenters.html>

Phoenix, Arizona

<http://www.pueblogrande.com/CITZASST/srcenter.html>

Salt Lake City, Utah

<http://www.slcoagingservices.org/html/senior.html>

Seattle, Washington

<http://www.seniorservices.org/sc/centers.htm>

Takoma, Washington

<http://www.cityoftacoma.org/34senior/seniors/centers.htm?redir=no>

Web Sites of Individual Centers (examples)

Wasilla Area Seniors, Inc. (Alaska)

<http://www.alaskaseniors.com/>

Dunedin Senior Citizens Center (Florida)

http://www.ci.dunedin.fl.us/dunedin/senior_ctr.htm

Chicago Korean American Senior Center (Illinois)

<http://www.chikasc.org/>

Jenks Senior Center, Winchester (Massachusetts)

<http://www.winchestermass.org/jenks.html>

South Washington County Senior Centers (Minnesota)

<http://www.sowashco.k12.mn.us/comed/Senior Center/default.htm>

Ashe County Senior Center (North Carolina)

<http://www.asheaging.org/SeniorCen.htm>

Corvallis Senior Center (Oregon)

<http://www.ci.corvallis.or.us/pr/sc/html/index.html>

Kennett Area Senior Center (Pennsylvania)

<http://www.ken-net.com/seniorcenter/index.htm>

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Center for Communication and Consumer Services

U.S. Administration on Aging

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